CELEBRATE—COMMEMORATE—COMFORT

keepsake books

REFLECT—REMEMBER—REJOICE

I have designed the projects with accessibilty of materials and simplicity of construction in mind. You should be able to find the materials you need around your home. Feel free to substitute and improvise. The goal is to make books that come from your heart. Perfection is not only not required but discouraged.

Tools
* Scissors
* Hole Punch
* Glue Stick (prefered method of gluing but use what you have)
* Scrap paper for gluing (I save catalogs that come in the mail.)

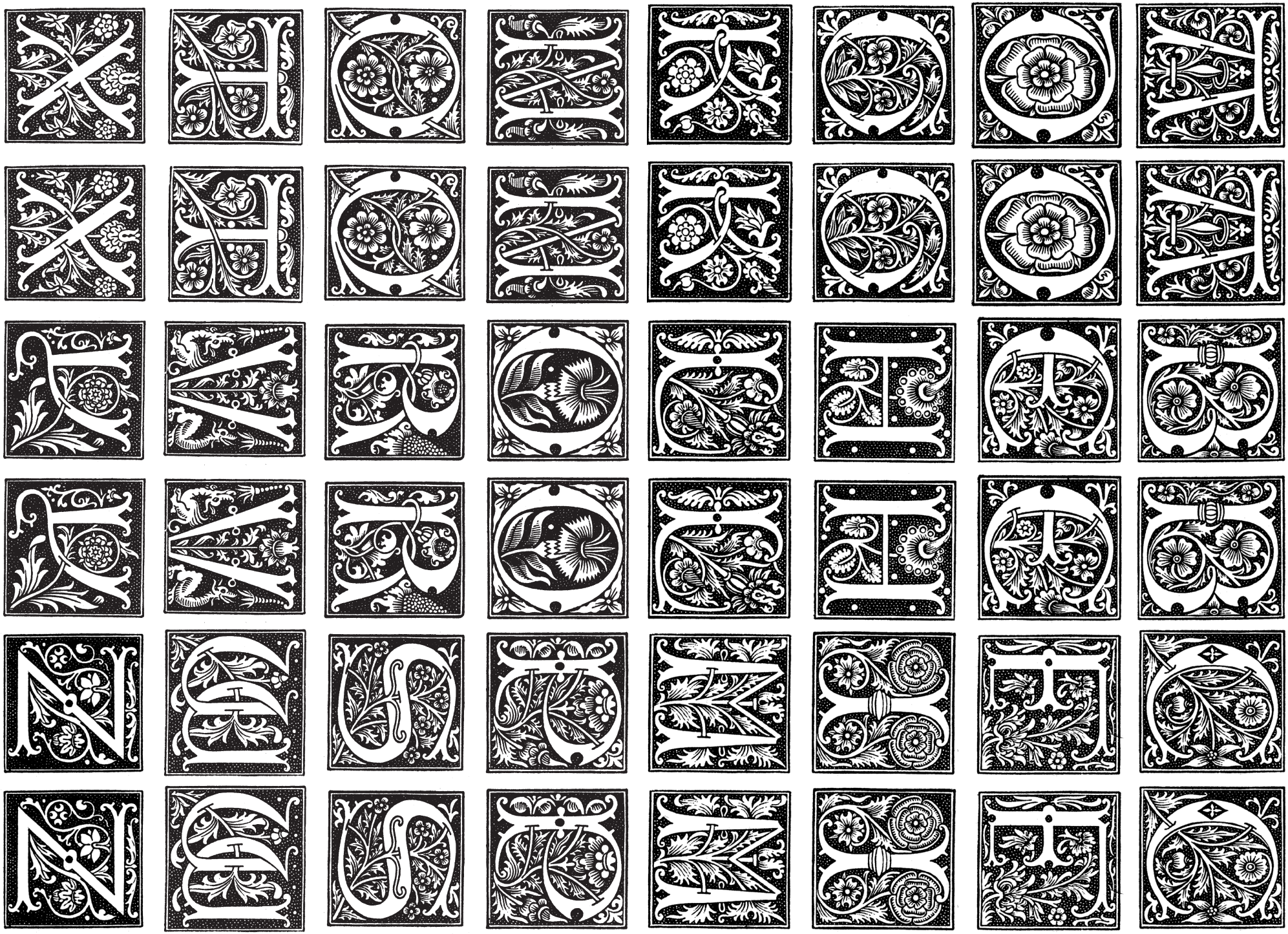
Materials
* Paper from the recycling bin with writing on one side only or orher papers
* Cereal or cracker boxes or other stiff paper
* Used envelopes opened by cutting off a sliver on one side
* String, yarn, ribbon, thread
* Buttons
* Twist ties from bread
* Sticks
* Collage Box

Save any interesting papers that come your way—wrapping paper, the inside of security envelopes that come in the mail, catalogs, etc., cut them into small pieces, and store them in a box.

This pdf contains letters, words, and patterns to use in your books. I hope you enjoy making the books and sharing them.

in good spirit

Susan



Decorative Alphabets and Initials, edited by Alexander Nesbitt, Dover Books, 16th century alphabet taken from the *Roman de la Rose*

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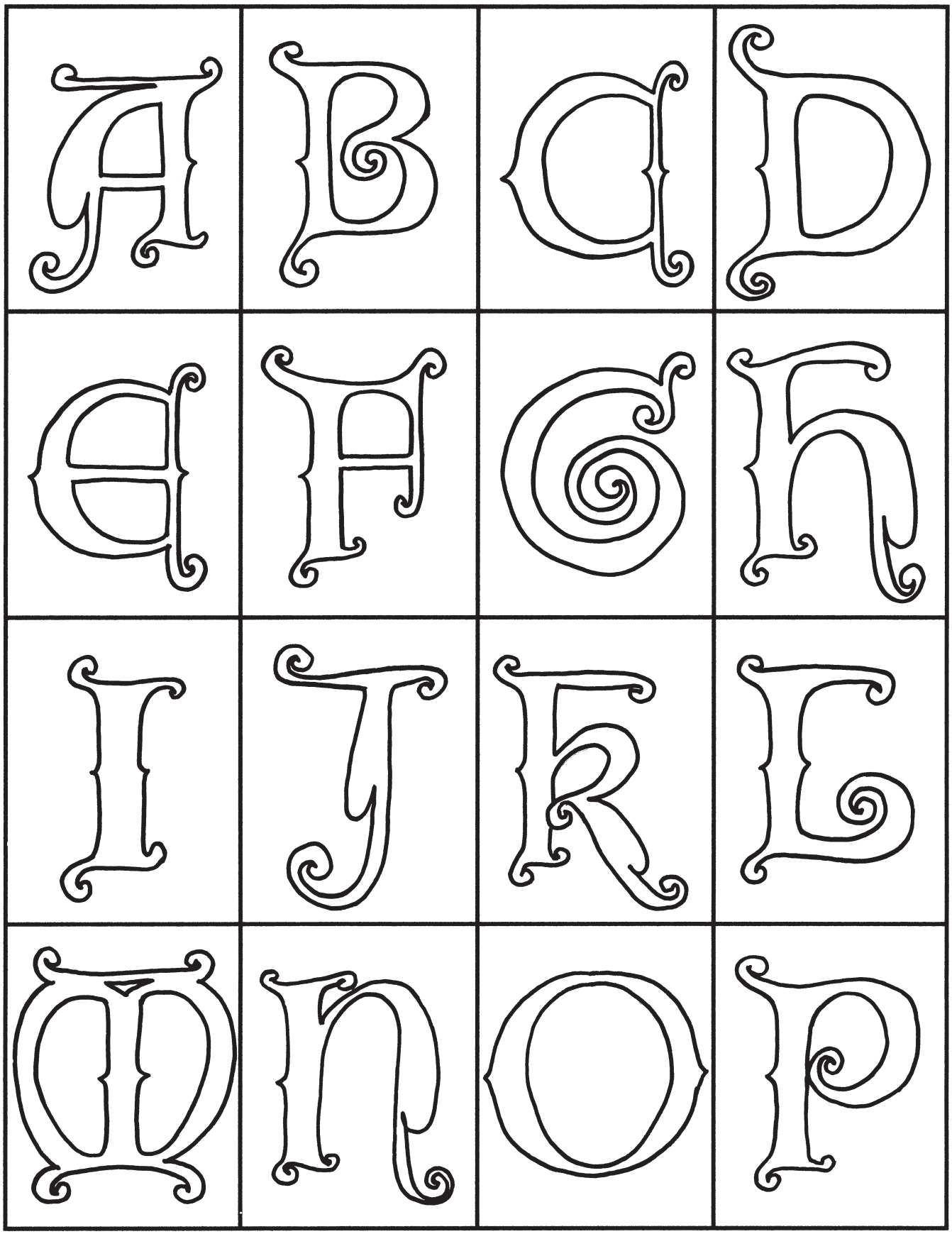
Illuminated Letter Patterns A–P



Alphabet created for Hands-On History: Middle Ages, published in 2002 by Scholastic Professional Books
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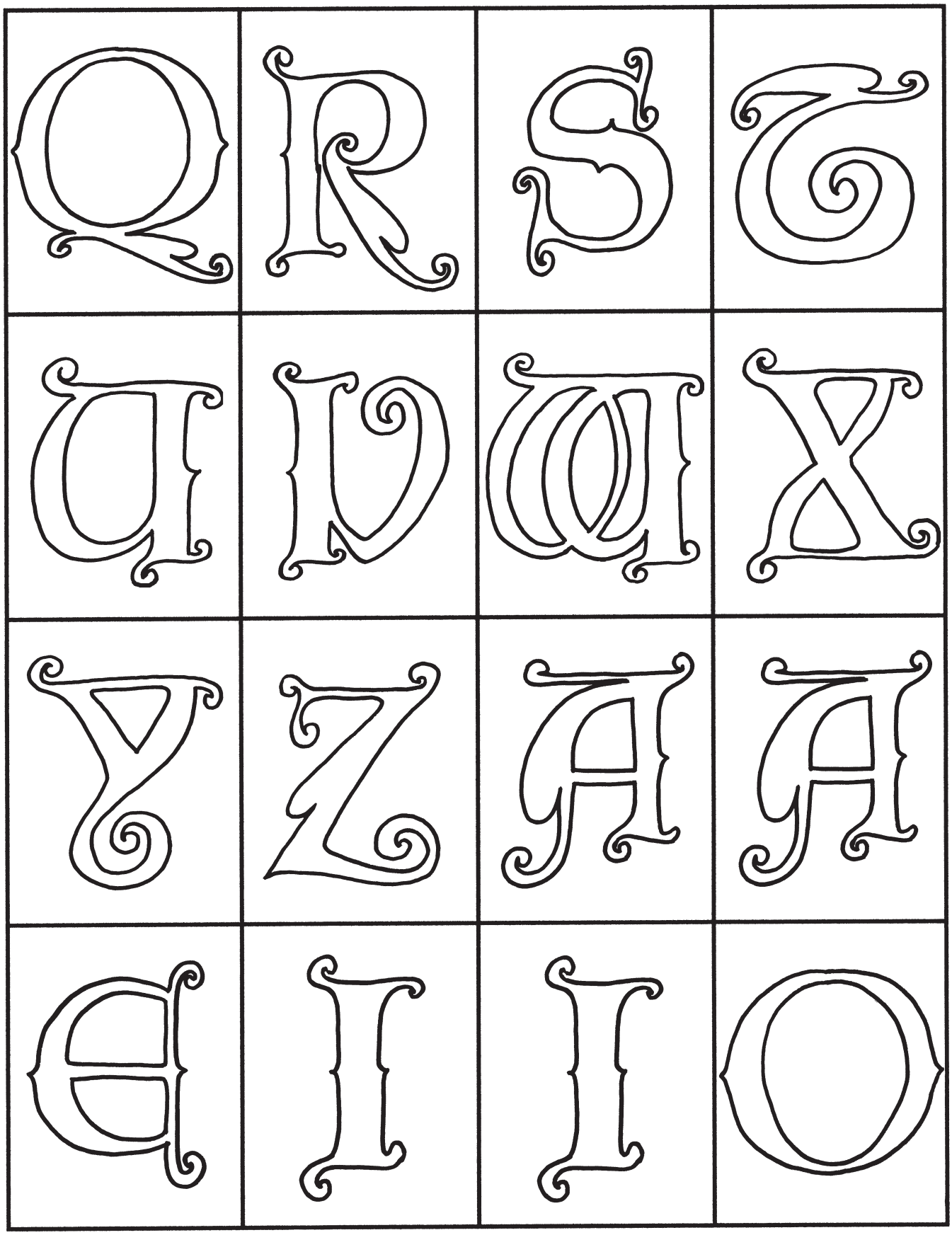
Illuminated Letter Patterns Q–Z



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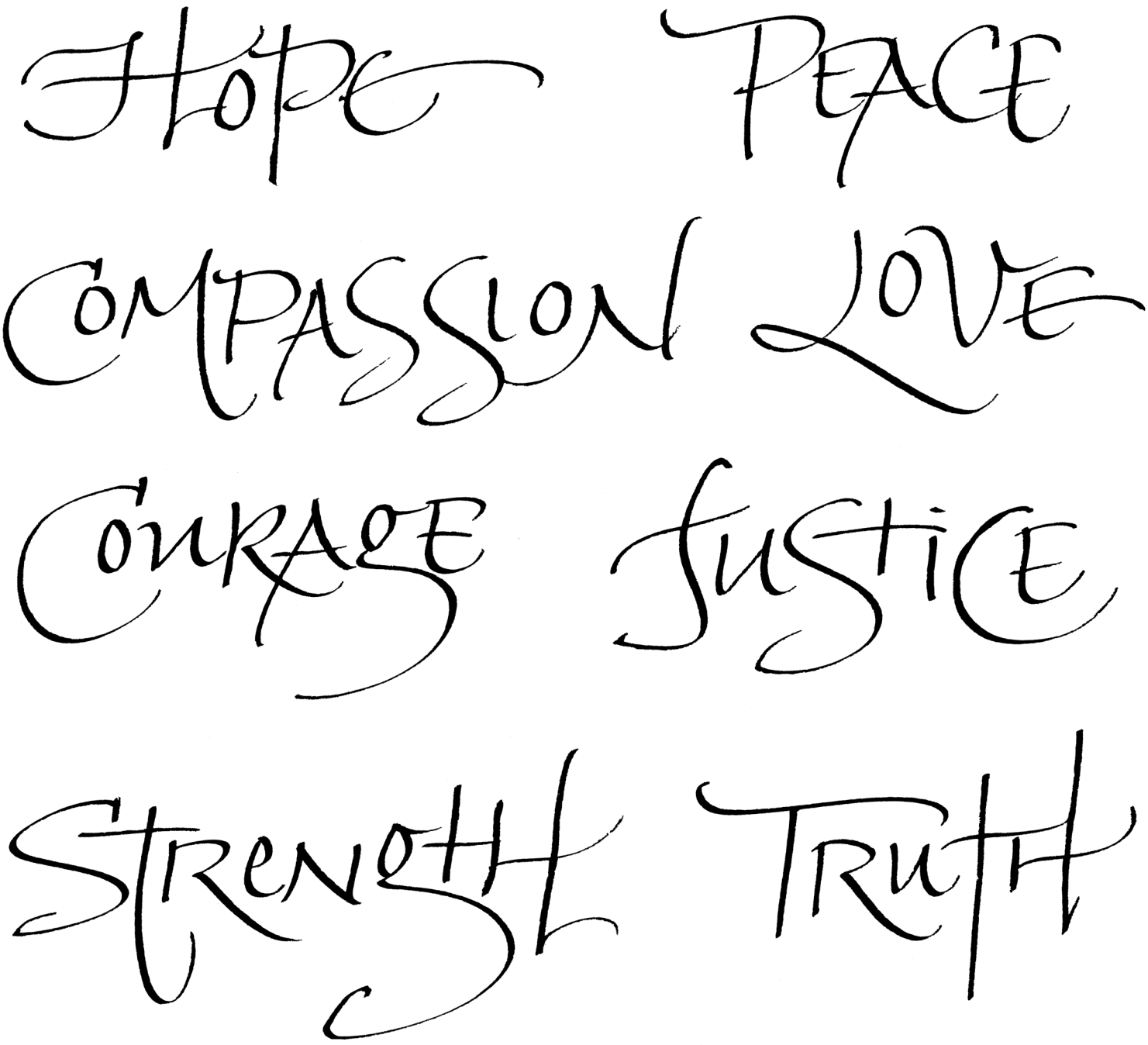

Words written to accompany Words For Our Time, published in 2017 by susangaylord.com
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Words written with Pentel Brush Pen

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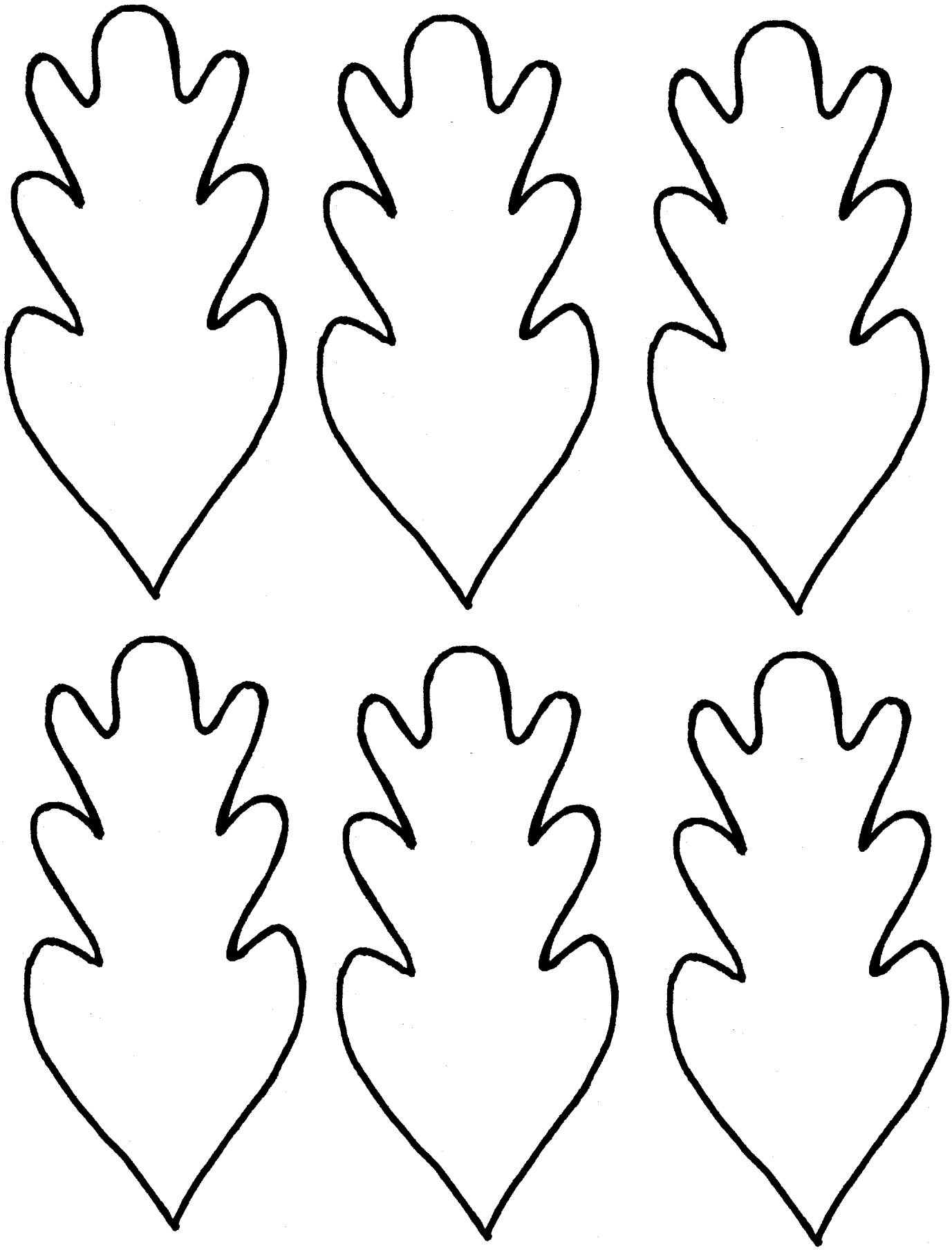
Oak Leaf Pattern



Oak Leaf Patterns made for blog post in 2010

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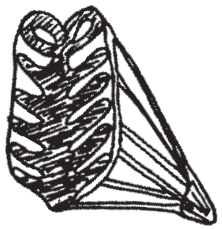
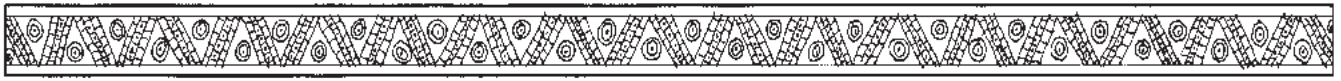
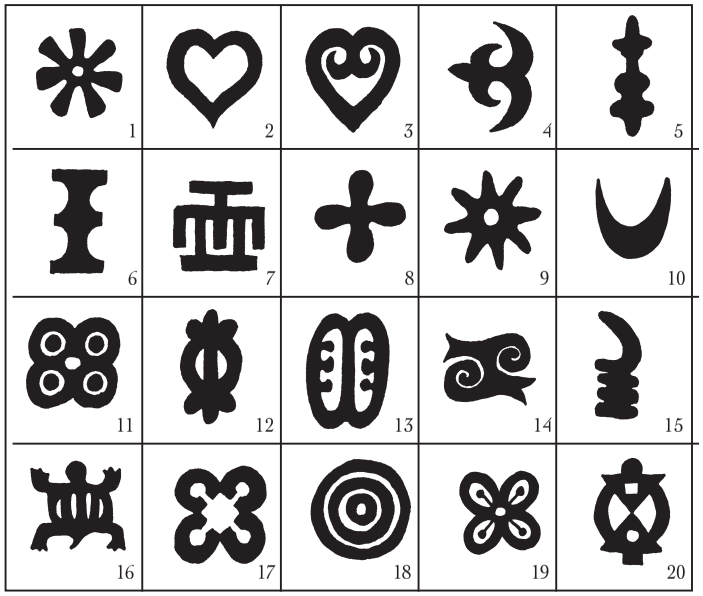
from Handmade Books For a Healthy Planet

Susan Kapuscinski Gaylord, 2010, susangaylord.com/bookstore.html



Adinkra cloths from Ghana are covered with symbols that represent meanings. Most cloths are printed with stamps cut from a gourd (illustration on left) and a black dye called adinkra which means "farewell" in Twi, the language of the Akan people. The dye comes from a mixture made from the boiled bark of the badie tree and an iron-rich stone. Sometimes the cloths are made with sewn cloth symbols. First made as mourning cloths, adinkra cloths are often commissioned today by people embarking on a new venture, such as starting a business.





Adinkra Symbols

1. *Ananse ntontan*, spider's web. Symbol of wisdom, creativity and the complexities of life.

2. *Akoma*, heart. Symbol of goodwill, patience, fondness, faithfulness.

3. *Sankofa*, "Return and pick it up." Learn from or build on the past. Pick up what's good in the past to bring to the future.

4. *Akoko nan tia ne ba a enkum no*, "If a hen steps on its chick, the chick does not die." Symbol of mercy, protectiveness, discipline with patience.

5. *Okodee mmowere*, eagle's talons. Symbol of strength.

6. *Donno ntoasa*, drum. Symbol of merriment, alertness, skill with hands.

7. *Hwemudua*, measuring rod. Symbol of excellence, intolerance of imperfection.

8. *Tabono*, paddle for canoe. Symbol of strength, confidence, persistence.

9. *Nsoromma*, star. "Like the star, the child of the Supreme Being, I rest with God and so I do not depend on myself."

10. *Osram*, the moon. Symbol of faith, patience, understanding and determination.

11. *Ntesie or Matie masie*, "What I hear, I keep." Symbol of wisdom, knowledge, prudence.

12. *Wawa aba*, seeds of owawa tree. Symbol of hardiness, sticking to goals.

13. *Ese ne tekrema*, teeth and tongue. Symbol of friendliness and interdependence.

14. *Kwatakye atiko*, back of Kwatakye's head. Special hairstyle of captain of old Asante. Symbol of bravery and valor.

15. *Akoben*, war horn. Symbol of readiness to be called to arms.

16. *Denkyem*, crocodile. Symbol of adaptability.

17. *Agyinda wuru*, Agyin's gong. Agyin was a faithful servant to the King of Asante. Symbol of alertness and dutifulness.

18. *Adinkrahene*, king of the adinkra designs. Symbol of greatness, prudence, firmness and magnanimousness.

19. *Bese saka*, sack of cola nuts. Symbol of affluence, power, abundance, plenty, togetherness and unity

20. *Boa me na me mmoa wo*, "Help me and let me help you." Symbol of cooperation and interdependence.

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